

Energy Medicine for Chronic Conditions

By Frank King, ND, DC

Disease patterns have changed in recent times. Ninety percent of the healthcare challenges that doctors see in their practices are a result of chronic, degenerative diseases, either in early or late stages. We are treating in an acute-care model, which is the opposite of prevention.

Unfortunately, most people pay attention to their bodies and seek help only when they can no longer ignore their symptoms, due to pain and restricted movement. They want relief—fast!

Everyone wants to see the doctor who can correct the chronic, recurring conditions that others cannot. If this is the kind of doctor you want to be, then keep reading.

Doctor of the Past—Medicine of the Future

About the time the Declaration of Independence was being signed in what we now call the United States of America, a young man fluent in multiple languages was studying medicine at a famous German university. After he graduated and went into practice, he observed how the so-called “medicines” of his day killed more patients than they helped.

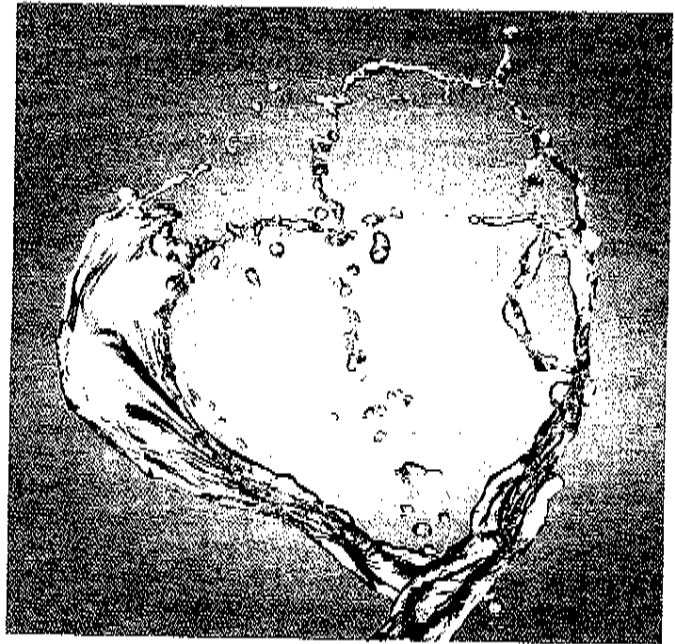
The young Samuel Hahnemann, MD, believed in the life-giving properties of nature, and spoke out against the use of bloodletting, leeches, and toxic chemicals such as mercury. He was met with extreme resistance to using anything but the orthodoxy of the day. (Sound familiar?)

Hahnemann became disillusioned, and abandoned the practice of medicine to live in poverty while translating medical texts. While doing this work, he discovered that a medicine could be made both potent and nontoxic by preparing it in a special way.

He called this new medicine “homeopathy,” meaning “similar suffering,” because it is based on the well-known pharmacological law: “like cures like,” or the law of similars.

Homeopathy is Energy Medicine

A homeopathic remedy is created by taking one part of a medicinal substance, diluting it with nine parts of water, and



shaking it vigorously a certain number of times (a process called succussion) to “potentize” the remedy.

That remedy is now called a 1X potency (using the Roman numeral for ten to express 1:10). To create a higher potency, we take one part of that mixture, dilute it with another nine parts of water, and succuss it. One drop of that is a 2X. You can see how much energy goes into creating an LM potency (1:50,000).

In general, lower potencies work on the more superficial realms of the body, such as skin, hair, and muscles. Midrange potencies work more deeply on the body at the level of organs, glands, and tissues. Higher potencies work deeply, even on the level of the mind and emotions, which is often the root cause of physical symptoms.

The higher the potencies go, the more diluted the original substance becomes, and yet the remedy still works. Homeopathy is energy medicine. It acts deeply and quickly, often bringing relief in seconds to minutes.

Being the Doctor of the Future... Today

The doctor who can make a significant difference in chronic, recurrent problems is the doctor of the future. As chiropractors, we can make that significant difference.

We must expand our boundaries with the obvious realiza-