



Parents of Colicky Infants Turn to Chiropractic Care

(NU) - For those parents who never imagined their ailing babies and toddlers could be helped by chiropractic care, it may be time for some rethinking. New mom Jean, a 31-year-old speech therapist from New Jersey, became an advocate after enlisting the help of her own chiropractor to treat her colicky infant girl, Emma. After having had what she says was “no luck” with the usual ways of alleviating colic symptoms - including giving Emma children’s probiotics daily - one appointment with board-certified in chiropractic pediatrics Dr. Lora Tanis produced an immediate difference.

“During the very first visit, as I was gently adjusting Emma’s spine, her hysterical crying stopped and her body immediately relaxed,” says Dr. Tanis, a big supporter of the Foundation for Chiropractic Progress.

“As the weeks progressed, Emma’s demeanor changed from tears to smiles,” says Dr. Tanis.

Recent studies, in fact, would seem



Jean used chiropractic care to help her baby's colic.

to back her up. According to research by the Center for Biomechanics and Odense University in Denmark, for example, spinal manipulation in the treatment of infantile colic effectively reduced the amount of hourly crying in study participants. A 2012 Anglo-European College of Chiropractic study found similar results.

To learn more about the advancements in chiropractic care, visit www.yes2chiropractic.org.